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WELCOME TO FLEET FEET SPORTS MONTCLAIR At Fleet Feet Sports, you will find a welcoming environment where runners, walkers, triathletes and fitness enthusiasts of all abilities receive unparalleled service and support. Fleet Feet Sports' Fitlosophy™ is to help you find the right "FIT" in every facet of your active lifestyle, allowing you to exercise comfortably and injury free. Our knowledgeable team at Fleet Feet Sports will take the time to get to know you and your specific needs in order to guide you to the products that are the right FIT for you, whether it is footwear, athletic clothing, sports bras, or fitness accessories. 20% - 40% Off Summer Apparel! Thurs, Sept 2 - Wed, Sept 8 Join Us For NIKE XC Spike Night WHEN: Tuesday, September 7, 2010 from 5:00 - 8:00 pm WHERE: Fleet Feet Montclair WHO: ALL XC Runners & Coaches WHY: ** GREAT DEALS and EXPERT FITTING!! ** Gift With Purchase and Fun Giveaways

And...who else would bring their grill from home and BBQ for you?? None other than Fleet Feet's own Top Chef John Fabbrot's going to be SPIKEalicious! MARTHA STEWART FUN RUN Sunday, September 12, 2010 at 7:00 am Martha's on the run, moving to the Hallmark Channel and is enlisting our help. No packing, no heavy lifting, just come run with us at our Funday Sunday Group Run of 8+ miles and receive cool stuff! Fleet Feet Montclair will be teaming up with Team In Training to make it one big extravaganza. First 100 to Participate Receive Great Martha Gear

- Dry Fit Runners Shirts for the Ladies
- Sweat Towels for the Men
- Apron & Wooden Cooking Spoon

Be the best to "Channel Your Inner Martha" and you could win a signed Martha Stewart Cookbook by participating in our bake off. Bring a platter of your favorite Martha cookies, brownies or bread to be tasted and judged at the end of the run. Team In Training (TNT) is a fundraising and training program of the Leukemia & Lymphoma Society (LLS). TNT participants who will be joining Fleet Feet Montclair's Group Run this Sunday are training for Nike, Marine Corps, Dublin, Philadelphia, Miami and Disney Marathons all while raising money and awareness for blood cancers. Anyone who would like to make a \$5.00 donation will be entered into a raffle for a FREE pair of running shoes valued at \$99.99 and the money will go to LLS.

PROJECT PUB FUN RUN sponsored by Balega A BIG THANK YOU to the 50+ participants who attended our three-mile fun run on September 2, 2010 and raised over \$500 in support of the Lesedi Project and Montclair Fund for Educational Excellence. Pictures are posted on our Facebook page. For more information about the Lesedi Project and Montclair Fund for Educational Excellence click here. FLEET FEET 8K TRAINING PROGRAM REGISTRATION NOW OPEN Program Dates: September 15 - November 17 Running changes everything. Learn how to get active, stay in shape and accomplish your goals. For more information click here.

NEW ARRIVALS Nike FREE Run+ Delivering a more barefoot-like ride while also providing you cushioning, support and Nike+ readiness. We have a FULL stock of both Men's and Women's sizes. Stop in today to lace one up and try it out. 2XU Women's and Men's Triathlon Singlet and Triathlon Shorts Versatile garment suited to all swim, bike and run disciplines featuring lycra prime technology for quick drying, breathable fabric right out of the water. SENSOR MESH X ventilation panels promotes airflow in regions requiring it most.